



MICROBLADING AFTER CARE INSTRUCTIONS

DAY 1: Directly following appointment you will be given ointment and cotton rounds, for the first 1-2 hours following appointment you will only DAB your eyebrows with the provided cotton round. AFTER that timeframe passes you will then take a q-tip, run it under water, squeeze both sides to remove excess water and run one side of q-tip across one brow and the opposite side of the q-tip across the other brow. Immediately following you will then place a rice grain size amount of ointment on the q-tip and apply ointment to brows. DO NOT OVERSATURATE! Only use enough ointment to LIGHTLY go over brows where they are not dry. TOO much ointment can cause brows to blur, scab, and complicate healing process. You will continue the *q-tip water, q-tip ointment* process every couple of hours for day 1. Do not apply ointment to brows without applying water first. Never put ointment over ointment. If you notice pigment on your q-tip that is normal.

DAY 2-9: Starting on day 2 you will WASH YOUR BROWS ONCE DAILY. Wake up, wash brows with ANY GENTLE FACE CLEANSER (or dial soap). PAT DRY and then apply ointment. NEVER RUB BROWS and gently wash them with clean hands. I advise everyone to use a paper towel to pat dry whereas a wash cloth can sometimes pull scabs/peeling skin (if there's any present). In the afternoon/early evening you will do the *q-tip water, q-tip ointment* method and again before bed.

FAQ:

Can I get them wet?

You can get them wet in the shower (if they are splashed during hair washing, etc) just pat dry and apply ointment once you're out of the shower. When we say "DO NOT GET THEM WET!" We do not want you submerging them in any water for the first 10 days following your appointment - this includes pools, baths, ocean etc.

Can I tan?

I know that it's impossible to tell someone who is working on their tan to not tan for the first 2 weeks following the procedure. SO if you MUST tan please make sure your eyebrows are covered with a towel for the first 2 weeks, I cannot guarantee that this will not effect healing but the towel will at least provide a barrier from direct UV light.

What about sweating?

The more you sweat the more risk you're taking to sweating out pigment that was placed. Please remember to pat dry or wear a sweatband/hat for 10 days following appointment.

Okay, so what about make-up, I have to work tomorrow?

While you can wear your makeup as normal I do ask that you AVOID YOUR EYEBROWS AT ALL COSTS! This is asking for an infection and crappy healing, please keep all makeup away

from your brows during the healing process. If you accidentally get makeup on them please wet a q-tip and go over them.

HEALING PROCESS:

The first 14-ish days are nuts. It's like waking up every morning with a surprise as to what your brows will look like on that specific day, hopefully with this timeline I can help ease some anxiety.

DAY 1: "OKAY, I LOVE THESE BUT THEY'RE KINDA BIG AND THEY'RE KIND OF DARK!?"
Brow shock is real. It is normal for it to take a few days for you to love your new brows. Your brows will fade 30%-50% from the first few days. Most clients actually end up going darker on their touch-up visits. You will have some swelling (and yes it can be uneven swelling), redness, and again, shock.

DAYS 2-4: "I DON'T LIKE THIS COLOR, ITS TOO DARK, I THINK THEY MAY BE A LITTLE UNEVEN". Your brows are focal point on your face, you notice them more than anyone because you're looking directly at them and KNOW that you've had them done. While darkness and swelling is normal and will fade/go-down you're going to pick them apart (and that's completely normal, too). Please remember during this time that brows are sisters, not twins - there will be slight differences between the 2 but nothing crazy, once swelling subsides life should be good again.

DAYS 5-7: "My brows are flaking, the color is also different on one" This is the time when your brows could start to peel, DO NOT PEEL LOOSE SKIN, do not, do not, do not. Let the skin fall off naturally. Color can appear uneven for first 2 weeks it will correct its self, promise. If your brows are itching during this time, "tap them" DO NOT SCRATCH!

DAYS 8-10: "UMMMM, MY BROWS ARE GONE? OR LIKE ONE IS THERE AND ONE KINDA ISN'T" - THIS IS NORMAL!!! Your skin is healing over all of those little wounds we placed on your forehead. I promise they will pop back out in a couple of days, remember on day 1 when we said the color will fade? This is when that starts. It is the same process as a tattoo. They will come back.

DAYS 14-28: "OKAY, MY BROWS ARE BACK - SHEW!" — Told you.

DAY 42 (6-10 weeks post initial appointment): TIME FOR YOUR TOUCHUP! Microblading is a 2 part process this touch up is the PERFECTION visit, this is where we will go over any faded strokes, fill in any spots, and perfect color & shape. DO NOT SKIP this appointment! I always suggest booking your touch up immediately after your initial as I book up a couple months in advance to ensure getting in on time.

After your brows are completely healed always apply a layer of SPF 30+ on your brows when exposed to sun. Sun exposure could cause the color pigment to fade away quicker. Please avoid use of any laser, chemical peels, and creams containing retin-a or glycolic acid for the first 9 days post procedure. Avoid anything where a lot of airborne debris are present we want to keep them clean to avoid any risk of infection. As stated above, use of tanning bed or tanning outside could cause fading during the first 10 days. Drinking alcohol in excess could cause slow healing of wounds. Please avoid touching eyebrows during the first 9 days except for rinsing and applying aftercare ointment.

*If you have any questions you can **text me ANY TIME at 304-941-5900***. After-care is your responsibility to ensure perfect brows.

